Mental Health Nurse

We're looking for a Mental Health Nurse to provide nursing assessment and therapeutic support to children and adolescents, as part of our outpatient team.

What You'll Do

- Carry out mental state, risk, and developmental assessments
- Support safe medication use alongside psychiatrists, including monitoring response and side effects
- Provide therapeutic support, psychoeducation, and crisis intervention
- Support children with self-harm, anxiety, depression, ADHD, autism, and trauma-related difficulties
- Run or contribute to group programmes and family support sessions
- Support supervision of junior nurses and students

What We're Looking For

- Registered Mental Health Nurse (RMN) qualification or equivalent
- Holding a valid DHA licence
- 2–5 years' post-qualification experience in child and adolescent mental health
- Strong risk assessment and clinical decision-making skills

Nice to Have

- Experience in community or inpatient child and adolescent mental health settings
- Training in CBT-, DBT-, or family-informed approaches
- Arabic language skills